



November 22, 2019

SHPS NEWSLETTER

FROM OUR PTO....

Friday, 22: PNO, Parents Night Out. 5:30-9:30 P.M.

The cost is \$30/child and \$20 for any additional children. We ask that you pre-enroll your child for PNO so we know how much food and crafts to provide as well as how to staff the evening.

SHPS CLUBS:

Monday:

- Lego Engineering: K-3rd; 3:30-5:00
- Chess Club: 3rd-8th; :30-4:30
- Harry Potter Club: 3rd-8th; 3:30-4:30
- Middle School Soccer Practice: 3:15-4:30

Thursday:

- Dungeons & Dragons: 5th-8th; 3:30-5:00

Tuesday:

- Medley's Masterpiece: K-8th; 3:30-4:30
- Spanish Tutoring: 4th-8th; 3:15-4:15
- Leap 4 Fun Karate/Gym: K-3rd; 3:30-4:15

Friday:

- Challenger Soccer: K-8th; 3:15-4:15

Wednesday:

- Medley's Masterpiece: K-8th; 3:30-4:30
- Chorus: 4th-8th; 3:15-4:15
- Leap 4 Fun Cheer/Gym: K-3rd; 3:30-4:15
- Middle School Soccer Practice: 3:15-4:30

School Events:

November:

- ✓ Wed. - Fri. 27-29: Thanksgiving Vacation- No School

December:

- ✓ Wed.-Tue. 11-17: Scholastic Book Fair
- ✓ Thursday 12: Elementary Winter Concert 1:30 & 6:30
- ✓ Tuesday 17: PreK-JrK Winter performance 6:30
 - ✓ Wednesday 18: NJHS Market Day
 - ✓ Friday 20: 2nd Quarter End @ 3:30
 - ✓ Friday 20: Free Dress Day
- ✓ Mon.- Fri. 23-3: Winter Break & Winter Camp

SHPS School Highlights!!!



HEALTH CORNER

What are you thankful for today?

Have you told your children what you are thankful for today? Our children are watching our every waking move. We can't ask them to be grateful if we are not. Talk about the best parts of your day, making a conscious choice not to share your complaints with them. Find some time each day to talk about your day and to ask your children, "What was the best part of your day?" Gratitude builds empathy and each of us has something for which we are grateful. A gratitude journal can be an effective way boost your and your children's happiness. Check out this resource: <https://www.shutterstock.com/ideas/how-to-start-a-gratitude-journal/>

LINKS TO REMEMBER

- School Website: www.southernhighlandsprep.com
- School Uniforms: www.campusclubuniforms.com
- Hot Lunch: www.mybetterlunch.com
- Alma Website: www.nlci1306.getalma.com