



November 1, 2019

SHPS NEWSLETTER

FROM OUR PTO....

Please check all of our PTO events:

- **Saturday, 2:** PTO VGK Game Outing @ Blaze Pizza.
- **Saturday, 16:** PTO VGK Game Watch @ SHPS Gym.
- **Tuesday, 12:** Blaze Pizza Fundraising
- **Friday, 15:** Parent's Night Out 5:30-9:30

SHPS CLUBS:

Monday:

- Lego Engineering: K-3rd; 3:30-5:00
- Chess Club: 3rd-8th; :30-4:30
- Harry Potter Club: 3rd-8th; 3:30-4:30
- Middle School Soccer Practice: 3:15-4:30

Thursday:

- Dungeons & Dragons: 5th-8th; 3:30-5:00

Tuesday:

- Medley's Masterpiece: K-8th; 3:30-4:30
- Spanish Tutoring: 4th-8th; 3:15-4:15
- Leap 4 Fun Karate/Gym: K-3rd; 3:30-4:15
- Percussion Club: 4th-8th; 3:15-4:00

Friday:

- Challenger Soccer: K-8th; 3:15-4:15

Wednesday:

- Medley's Masterpiece: K-8th; 3:30-4:30
- Chorus: 4th-8th; 3:15-4:15
- Leap 4 Fun Cheer/Gym: K-3rd; 3:30-4:15
- Middle School Soccer Practice: 3:15-4:30

School Events: November:

- ✓ Sunday 3: Fall Back, daylight savings ends, set clocks one hour back.
- ✓ Tuesday 5: First in Math Assembly 9:00 am; K-8th
- ✓ Tuesday 5: MS Soccer Game Away @ Calvary
- ✓ Thursday 7: Make up School Picture and Fall Sports
- ✓ Thursday 7: MS Soccer Game Away @ Calvary
- ✓ Thursday 7 : MS Parent Conferences 3:45 - 7:00
- ✓ Friday 8: Parent Teacher Conferences- No school
- ✓ Monday 11: Veteran's day - No School
- ✓ Tues.- Thurs. 19-21: Science Fair in SHPS Gym
- ✓ Friday 22: Free Dress Day
- ✓ Wed. - Fri. 27-29: Thanksgiving Vacation- No School

SHPS School Highlights!!!



HEALTH CORNER

Gratitude is more than just a simple "thank you". **Gratitude** is our focus on the positives in our lives. This act of being thankful and appreciative for what we have and what we are given by others can contribute to personal happiness, optimism, and less stress.

Empathy is our focus on others and is the character trait we recognize in November. Empathy is a hard concept to teach because children must be capable of recognizing and processing their own feelings before they can understand and share the feelings of others. Share your own feelings with your child. Be sure never to blame them for the way you feel, but explain what you are feeling as you feel it.

LINKS TO REMEMBER

- School Website: www.southernhighlandsprep.com
- School Uniforms: www.campusclubuniforms.com
- Hot Lunch: www.mybetterlunch.com
- Alma Website: www.nlci1306.getalma.com